



Mother Baby Hour Favorites

MERITER

My Favorite Way to “Keep the Romance Alive” with a Baby in the House is:

- 1-2 hour road trips give us time to talk while the baby sleeps
- Cook together
- Creativity and when baby naps cuddle with each other
- Cuddling on the couch with foot massages
- Date night – Weekly/Monthly event
- Dessert together after baby is asleep
- Doing one romantic thing per week – i.e.: kiss, baking favorite dessert, framing a family picture
- Earlier bedtime for baby
- Eat sit down dinners
- Email each other while at work – it feels like flirting ☺
- Get a babysitter or go for a walk so baby falls asleep and we can talk
- Get a babysitter and go out dancing once in a while
- Get lots of rest – then make the most of naptimes!
- Get a sitter once or twice a month
- Give baby to Grandma & go out to dinner
- Have dinner together while the baby sleeps / have a candlelight dinner & make a date night
- Have a glass of wine after baby goes to bed and take it from there!
- Husband helping me with things
- Joking about the “Non-Romance”
- Kiss your spouse every day when you get up and go to bed
- Laughter
- Lots of hugs and kisses when we can – I also leave notes for my husband around the house
- Make time for each other ... and not talk about the baby the whole time!
- Massage/Foot Massages
- Mother in-law takes baby overnights so we can have “us” time
- Nap time together
- Nice dinner and bottle/glass of wine
- Playing games
- Popcorn and TV after bedtime
- Put baby cradle swing or pop in a Baby Einstein Video
- Put baby in crib, in her room, at night
- Having “quality time” with daddy
- Rest when baby is resting so I’m not ready to crash in the evenings when it is “our time”
- Seize the moment
- Send him to Grandma’s house
- Setting up the alarm clock to spend time with each other
- Snuggle on the couch after she’s asleep
- Spend time together alone
- Telling each other daily what great parents we are
- Swap babysitting with another couple
- Sharing a banana split
- Taking walks in evening with the stroller
- Talking in bed
- TV & Popcorn
- To do a lot of flirting while baby’s around, and then to take advantage of afternoon naps!
- Turn TV off